



# Welcome to... Lydia Eva Court

Lydia Eva Court is our modern purpose-built home care home in Gorleston, near the East Norfolk coast. The home provides excellent residential care for up to 89 people in six separate areas and specialises for those living with dementia.

Residents have their own furnished room with large en-suite facilities. Other facilities include welcoming communal areas with large screen TV's and sofas, quiet rooms, a hairdressing salon, wonderful landscaped gardens and a café.



# **Lisa Utting**

**Registered Care Home Manager** 

I have been working in the care sector for nearly 20 years and have worked in nearly every role up to my current one of Care Home Manager! I have been fortunate enough to work within dementia environments from the beginning and it felt right then, and that has never changed.

When you come into Lydia Eva Court, you'll get the feeling that "everything is ok" and "this feels right".

I am immensely proud of the way our staff make decisions for themselves, are involved in things and are integral to shaping what we do and how we do it.



### **Food**

Mealtimes are always an important part of the day for NorseCare residents and we provide an excellent catering service in our homes.

Our catering teams put the emphasis on healthy, fresh and locally-sourced food. We fully recognise the importance of a well-balanced, nutritious diet and keeping people well hydrated and healthy.

## **Events and Activities**

Keeping active, engaged and entertained is a huge part of living with us in one of our care homes. All our homes have dedicated Activities and Events teams, who will get to know residents and build activities plans that suit everyone.

### Medication

Our care staff are trained to manage all aspects of medication management, this includes ordering and administration of medication. We support people who live with us to continue to manage their own medication if they wish, but staff will undertake all aspects of medication management if required.

# Laundry

Each room has its own bedding and towels. We will launder your clothes carefully and return them to you promptly.

# **Appointments**

You may wish to continue with the arrangements you had at home if this is possible and convenient for all concerned. We have regular visits from hairdressers, chiropodists, and opticians. These services are an additional cost to the care fees and payments are made directly to the person completing the service. We have good working relationships with our local GP surgeries. You may choose to continue to be registered with your own GP, however, this may not be possible. If this is the case, our staff are happy to arrange registration with a local GP.

When people who live with us attend hospital appointments, we ask that a family member or friend accompanies them. We are unable to provide this service, as we need to maintain safe levels of staffing within the home.

# **Personal Items and Insurance**

We are happy for residents to bring items of furniture with them to personalise their own rooms, providing it is suitable for both the room and in terms of safety.

Any electrical items must be tested to conform with electrical safety regulations.

Appropriate insurance will need to be in place.

## **Families and friends**

We are very keen for friends and families of residents to visit as often as they wish. We hold regular meetings to obtain feedback about the home and people are welcome to attend events, activities and social gatherings that take place at the home. We are also keen to maintain close links with our local community and we encourage residents to continue to be a part of this and welcome local residents into our home.



# Where to find us





# Call our team for more information

01493 666300

Lydia Eva Court, Peterhouse Avenue, Gorleston, Great Yarmouth NR31 7PZ

www.norsecare.co.uk