

Nutritious and healthy meals

Mealtimes are always an important part of the day for NorseCare residents and we provide an excellent catering service in our homes.

Our catering teams put the emphasis on healthy, fresh and locally-sourced food. We fully recognise the importance of a balanced, nutritious diet and keeping people well hydrated and healthy.

Breakfast is usually a choice of cereals, toast and/or a cooked breakfast. A hot or cold lunch with varied choices is available and tea is usually sandwiches, cakes or pastries and delicious desserts. A hot option for tea is also available. Snacks and drinks are on offer throughout the day and night. Mealtimes are usually in our dining rooms, but if preferred, residents can eat elsewhere.

We often have themed events, marking special times during the year when food matches the occasion, including Pancake Day, Easter, Mother's and Father's Day, Strawberry Teas for Wimbledon fortnight, and of course a very special menu for Christmas Day.

Families are welcome to join our residents for meals and we'll help you eat together.

We regularly seek feedback on our meals and adjust our menus as the seasons change. Our catering teams work with dieticians and nutritionists to ensure menus are updated frequently and they are suitable for the needs of our residents including any specialist diets.



