

# NorseCare & Dementia

## What is dementia?

The term 'dementia' is an umbrella term which describes a set of symptoms that include loss of concentration, memory problems and difficulty with communication and reasoning. Alzheimer's disease is the most common type of dementia. Other types of dementia include Vascular disease, Lewy body disease and Fronto-temporal dementia.

Figures released from the Alzheimer's Society in 2018 show that 1 in 6 people over the age of 80 are living with dementia. There are currently 850,000 people living with dementia in the UK.

## How do NorseCare provide care for people with dementia?

A number of our homes specialise in the care of those living with dementia. We are committed to providing excellent person centred, high quality care to those who live with us.

Our aim is to provide outstanding dementia care and to be working with organisations and research companies who influence care and practice.

We want to lead the way in dementia care and for the quality of our care to be recognised locally and nationally. Our care will support the person living with dementia as well as their families and friends.

All staff at our homes are provided with excellent training in line with the dementia training standards for Skills for Health.

We have Dementia Care Leads in every home. They are experienced carers who provide support and coaching to staff and the families of people living with dementia. They are also supported with additional forums and training opportunities.

All of our homes provide opportunities for those living with dementia and their families to express how they feel their care should be shaped. This is a fundamental aspect of person-centred care.

We also offer Cognitive Stimulation Therapy groups at some of our homes. These groups help people living with early to mid-stages of dementia. Members take part in meaningful and stimulating activities which research has proven to help maintain memory and mental functioning.



All our homes use appropriate, inclusive and non-stigmatising language when talking about dementia and people living with dementia. This helps all staff when speaking about a person living with dementia, when completing and updating care plans and any other documentation.

We use guidelines from The Dementia Engagement and Empowerment Project (DEEP) which brings together groups of people with dementia from across the UK to influence the services and policies that affect them.

Our homes are working towards ensuring that all of our environments are dementia-friendly. This includes signage, kitchen crockery and utensils as well as dementia-friendly wallpaper, curtains and floor coverings.

## How do we ensure we are up to date?

As part of our commitment to lead the way in dementia care, we work closely with research centres and organisations to ensure that we contribute to the understanding and development of further treatments, care and support for those living with dementia.

Our homes are often involved in dementia research opportunities and we have close links with the University of East Anglia, Alzheimer's Research, Dementia Research UK and other research centres, including the world-renowned Dementia Services Development Centre at the University of Sterling.

## NorseCare homes specialising in dementia care

We have a number of care homes that specifically care for people with dementia. These are:

- Ellacombe in Norwich
- Mayflower Court in Norwich
- Munhaven in Mundesley, North Norfolk
- Lydia Eva Court in Gorleston, near Great Yarmouth

Additionally the following homes have smaller dedicated units to care for people with dementia:

- Beauchamp House, Chedgrave, Loddon
- Harker House, Long Stratton
- High Haven, Downham Market
- St Nicholas House, Dereham
- Woodlands, South Wootton, King's Lynn

**For more information about our support for people with dementia please contact us.**

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