

*Welcome to*  
**Mayflower  
Court**



# Welcome to...

# Mayflower Court

**Mayflower Court is a purpose built care home for those living with a Dementia. All 80 rooms have en-suite facilities. It is part of the Bowthorpe Care village.**

We pride ourselves on providing person-centred dementia care, treating each person as an individual. We also provide a varied programme of activities and events, helping our residents to be as involved as they wish, which we have found to be invaluable at the home. We also have a large inner garden with raised flower beds, and we support residents to enjoy gardening as a pastime.



## **Claire Barnard**

**Registered Care Home Manager**

I have been fortunate to work in care for over 15 years and became the new Manager at Mayflower Court in September 2020. NorseCare has continuously supported me with opportunities for development through comprehensive learning programmes in Health and Social Care and enhancing my Leadership skills.

I feel passionate about being someone who residents, families and staff can rely on. At Mayflower Court, we all feel very privileged to be caring for the residents and believe that having a positive approach to care is a key element of the way we support people.



## Food

Mealtimes are always an important part of the day for NorseCare residents and we provide an excellent catering service in our homes.

Our catering teams put the emphasis on healthy, fresh and locally-sourced food. We fully recognise the importance of a well-balanced, nutritious diet and keeping people well hydrated and healthy.

## Events and Activities

Keeping active, engaged and entertained is a huge part of living with us in one of our care homes. All our homes have dedicated Activities and Events teams, who will get to know residents and build activities plans that suit everyone.

## Medication

Our care staff are trained to manage all aspects of medication management, this includes ordering and administration of medication. We support people who live with us to continue to manage their own medication if they wish, but staff will undertake all aspects of medication management if required.

## Laundry

Each room has its own bedding and towels. We will launder your clothes carefully and return them to you promptly.

## Appointments

You may wish to continue with the arrangements you had at home if this is possible and convenient for all concerned. We have regular visits from hairdressers, chiropodists, and opticians. These services are an additional cost to the care fees and payments are made directly to the person completing the service. We have good working relationships with our local GP surgeries. You may choose to continue to be registered with your own GP, however, this may not be possible. If this is the case, our staff are happy to arrange registration with a local GP.

When people who live with us attend hospital appointments, we ask that a family member or friend accompanies them. We are unable to provide this service, as we need to maintain safe levels of staffing within the home.

## Personal Items and Insurance

We are happy for residents to bring items of furniture with them to personalise their own rooms, providing it is suitable for both the room and in terms of safety.

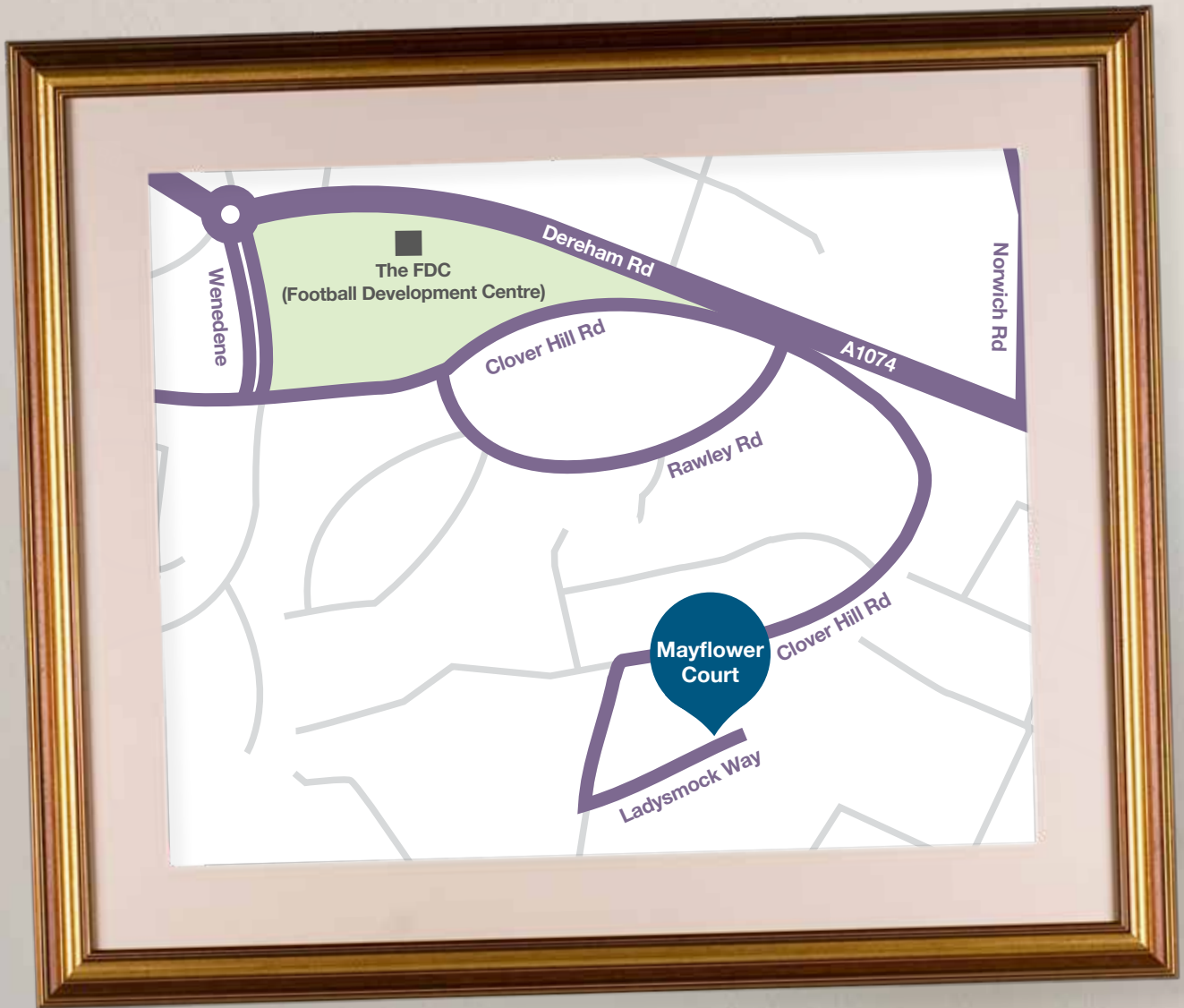
Any electrical items must be tested to conform with electrical safety regulations. Appropriate insurance will need to be in place.

## Families and friends

We are very keen for friends and families of residents to visit as often as they wish. We hold regular meetings to obtain feedback about the home and people are welcome to attend events, activities and social gatherings that take place at the home. We are also keen to maintain close links with our local community and we encourage residents to continue to be a part of this and welcome local residents into our home.



# Where to find us



Call our team for more information

**01603 594060**

Mayflower Court,  
Bowthorpe Care Village,  
Ladysmock Way,  
Norwich NR5 9BF

[www.norsecare.co.uk](http://www.norsecare.co.uk)