




OUR HOUSING WITH CARE SCHEMES

THE MEADOWS

COMPASSION | ASPIRATION | RESPECT | EMPOWERING

WELCOME TO
**THE
MEADOWS**





The Meadows is a Housing with Care scheme at the Bowthorpe Care Village, home to 92 Saffron Housing apartments.

Each attractive, selfcontained apartment is easy to manage and comprise a kitchen and dining area, sitting room, bathroom and bedroom.

14 of the apartments have 2 bedrooms. 9 apartments are designed to provide extra support to people living with dementia. You will also find an emergency call system, fire alarm system, TV and telephone sockets.

The Meadows enjoys a lovely location to the west of Norwich, with easy access to local amenities and Norwich city centre.

INSIDE YOUR NEW HOME

You will be able to fully furnish your apartment. This gives you the opportunity to put your own personal touches to your new home.

OTHER FACILITIES

Within The Meadows, there are communal lounge areas where you can meet with other tenants, get involved with activities or simply relax in peace and quiet.

In the central hub area of the Bowthorpe Care Village, there is a restaurant, café, hairdressers and shop.

The environment that we create at The Meadows is hugely important to the tenants and us.

We want everyone to be happy, relaxed and ultimately feel like they are at home.

INSURING YOUR HOME

It is your responsibility to insure the contents of your new home. We can help you with this process if you need guidance and assistance.

INFORMATION

You are welcome to visit us and meet other tenants already living here – just call us and fix a date and time. **Telephone 01603 594060.**



① YOUR HEALTH AND PERSONAL CARE

CARE PLAN

Once you become a tenant at The Meadows, a senior member of staff will sit with you to agree your personal care plan.

The care plan is our chance to get to know everything about you, and your needs. This allows us to discover your interests, personality and what method of care works best for you.

Where appropriate, family members and friends are also encouraged to take part in agreeing your care plan.

The plan will also include an assessment of any risks

and how these need to be managed, details of your health care needs, medication, doctor and any other community therapy services provided.

We also have an on-site Medical Clinic, where a Nurse Practitioner and a Health Care Assistant will be available Monday to Friday, 9am-5pm.

Tenants can visit them in the clinic or they can visit the tenant in their apartment.

A GP will visit the clinic twice weekly and will be able to see tenants in the clinic or in their apartment.



**THE PLAN
WILL ALSO
INCLUDE AN
ASSESSMENT
OF ANY RISKS**

Residents can choose to keep their current GP if their area includes Bowthorpe, or register with our on-site GP.

② QUALITY OF SERVICE AND VISITING

YOU CAN MAKE A DIFFERENCE

At The Meadows we make sure every tenant has the opportunity to get involved in regular meetings.

This allows tenants to feel included in the family that is created here, and make a difference to how the scheme is run.

We encourage tenants to discuss issues they are concerned about, and to put forward ideas to enhance their lives, such as food improvements, activities and entertainment.

We also carry out regular audits to get a range of feedback from you and your family and friends on the level of care that is delivered.

VISITING

Family and friends are most welcome to visit at any time. You are more than welcome to invite a relative or friend to join you for a meal in the restaurant – a charge will be made for this – and there are facilities within your apartment to cook meals and prepare drinks. Visitors may also bring in well-behaved pets to visit.

MEALS

Meals are freshly prepared by our catering staff and available to purchase in the restaurant. Special diets are catered for and a varied seasonal menu is offered each day.

Tenants are consulted about their preferences when menus are reviewed periodically.



MEALS ARE
FRESHLY
PREPARED
BY OUR
CATERING
STAFF FOR
PURCHASE
IN THE
RESTAURANT



③ OUR AIMS

OUR SERVICE AIMS

- To provide individualised care, helping you to participate fully in the planning and delivery of your care
- To ensure that we have your dignity at the heart of everything we do
- To keep you safe
- To enable you to exercise choice over your life and to remain as independent as possible
- To continually assess the quality of the service we provide to you
- To embrace new ideas and research that will improve your quality of life
- To ensure our staff are fully trained to provide you with the very best care and support

OUR STAFFING

We are committed to maintaining a high quality, well-trained staff team.

Our rigorous recruitment and selection procedures, together with our comprehensive induction and staff training packages, ensure that our personnel are best able to help deliver your quality of life at The Meadows.



**YOUR DIGNITY
AT THE HEART
OF EVERYTHING
WE DO**

OBTAINING A TENANCY

If you are interested in living in a Housing with Care scheme, you will need to have both a housing need and a social care need.

Your housing needs will be assessed by your local district council once you have completed a housing application form.

Your social care needs will be assessed by Norfolk County Council Community Services Department.

A pre-assessment will then be carried out jointly by a senior member of the scheme and the housing association to ensure we can meet both your care and housing needs.

You can contact your local district council using the details on the next page.





④ COST AND MORE INFORMATION



YOU ARE
WELCOME TO
VISIT US AND
MEET OTHER
TENANTS

COSTS

Your costs will include:

- Your rent
- **A service charge**
– this covers communal facilities
- Electricity bill
- Any meals you choose to purchase from the restaurant
- **Council tax**
– the flats are in banding A
- The costs of your care

For more information about charging, please contact Norfolk County Council who will calculate your charge prior to your tenancy commencing.

MORE INFORMATION

You are welcome to visit us and meet other tenants already living here. You can access our latest inspection report from Care Quality Commission: [cqc.org.uk](https://www.cqc.org.uk)

USEFUL CONTACT DETAILS

**Norfolk C.C. Adult
Social Care
Department**
0344 800 8020

**Norwich City
Council Housing
Department**
0344 980 3333

**Saffron
Housing Trust**
01508 532000

NorseCare Limited
01603 894366

The Meadows is owned by Saffron Housing Trust.
The care is provided by NorseCare Ltd.



The Meadows

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such as large print or in another language,
please contact info@norsecare.co.uk.